

COURSE OUTLINE

Leading Change – Gender Based Violence and the Active Bystander Approach

INSTRUCTORS: Buffy MacIntosh, Leading Change Coordinator at PACE

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PREREQUISITE(S): None

REQUIRED TEXT/RESOURCE MATERIALS: Course materials are supplied.

CALENDAR DESCRIPTION:

Leading Change will allow you to explore the impact of society, culture, and the media, in fostering unhealthy beliefs and attitudes surrounding gender roles, and the stereotypes that perpetuate gender-based violence. Using the Active Bystander Approach, you will learn skills to identify gender-based violence and be given intervention tools to apply when witnessing gender-based violence and abuse in your own circles of influence. The material for this workshop is drawn from the Alberta Council of Women's Shelters program, "Leading Change: Inspired Communities."

CONTACT HOURS: 7 hours

DELIVERY MODE(S): Face to Face

TRANSFERABILITY: N/A

GRADING CRITERIA:

Upon completion of the course, you will receive an Acknowledgement of Course Completion certificate. Upon completion of six core courses, plus a minimum of 12 hours of elective courses, you will receive the Crisis Response Management Certificate for the program.

EVALUATIONS: N/A

STUDENT RESPONSIBILITIES: Attendance and classroom participation. Students cannot miss a half an hour or more of the course, or a certificate will not be awarded.

COURSE SCHEDULE/TENTATIVE TIMELINE:

Dates vary (refer to website for current availability).

COURSE CONTENT

Module 1: Course Introduction

- Community partnerships
- Origins of Leading Change
- Acknowledgements

Module 2: Bystander Intervention

- Purpose of Leading Change
- Circles of Influence
- Looking at Leadership
- The Bystander Effect
- Why Don't People Intervene?
- Exploring Intervention Strategies
- Scenario – Agree/Unsure/Disagree

Module 3: Gender Roles & Stereotypes

- “Boys will be boys” – Unpacking the Man Box
- Defining Gender Based Violence
- How Beliefs shape Behavior
- Pathways To Abuse
- Scenario – Agree/Unsure/Disagree
- Train Of Thought-Illegal Motion
- Options-Illegal Motion

Module 4: Media, Culture, and Social Norms

- Scenario - Agree/Unsure/Disagree
- What messages are we getting from Media?
- How do these messages form and reinforce our culture?
- Exploring the impact of unhealthy gender stereotypes

Module 5:

- Scenario - Agree/Unsure/Disagree
- Women's Leadership in Ending Gender Based Violence
- Why Gender Based Violence is a Men's Issue
- Bystander Intervention Cases in Popular Culture
- Engaging Men & Boys

Module 6: Locker Room Heroes Scenario And Conclusion

- Scenario – Agree/Unsure/Disagree
- Being a Change Agent – Leading from where you stand
- Closing Exercise