

DEPARTMENT OF NURSING EDUCATION & HEALTH STUDIES

COURSE OUTLINE – Winter 2023

HC 1050: Clinical Placement Experience I- 5 (0-0-40) 80 Hours for 2 Weeks

Grande Prairie Regional College respectfully acknowledges that we are located on Treaty 8 territory, the traditional homeland and gathering place for many diverse Indigenous peoples. We are honoured to be on the ancestral lands of the Cree, Dene/Beaver and Métis, whose histories, languages, and cultures continue to influence our vibrant community. We are grateful to have the opportunity to work, learn, and live on this land.

INSTRUCTOR:	PHONE: 780-835-6635
Madison Lovsin	

OFFICE: TIB151

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OFFICE HOURS: By appointment

CALENDAR DESCRIPTION:

During this clinical placement you will experience the role of the health care aide by working under the direction of a regulated health-care professional. You will have the opportunity to work in a continuing care setting such as home care, supportive living (designated supportive living or DSL), senior lodges, long term care, and group homes.

PREREQUISITE(S)/COREQUISITE: HC1010, HC1020, HC1030, HC1040

REQUIRED TEXT/RESOURCE MATERIALS:

Government of Alberta. (2018). Alberta Health Care Aide Competency Profile. Retrieved from https://open.alberta.ca/dataset/e1fbd562-1571-40b8-bc17-71687dab444c/resource/9e34d246-c389-4753-bda4-f53a77e02f80/download/ahhcacorecompetency-profile-2018.pdf

- Sorrentino, S. A., Remmert, L. N., & Wilk, M. J. (2018). *Mosby's Canadian textbook for the support worker* (4th ed.). Toronto, ON: Elsevier Canada.
- Sorrentino, S. A., Remmert, L. N., & Wilk, M. J. (2018). Workbook to Accompany Mosby's Canadian textbook for the support worker (4th ed.). Toronto, ON: Elsevier Canada.

RECOMMENDED TEXTBOOK:

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Murray, L. (2014). Integrating a Palliative Approach: Essentials for Personal Support Workers.

Saanichton, BC, Canada: Life and Death Matters.

DELIVERY MODE(S): In Person. Dates and locations of the onsite components can be found on MyClass in the course calendar.

COURSE OBJECTIVES:

- 1. Apply the knowledge of the roles and responsibilities of the HCA to assist in providing safe, compassionate, and competent person-centred care in the health-care setting.
- 2. Demonstrate professional and effective communication and conflict management skills when appropriate with the collaborative care team in the clinical setting.
- 3. Apply the principles of documentation according to evidence-informed practices and employer policies and procedures using information technology (electronic records and charting) when applicable in the clinical setting.
- 4. Develop helping relationships and maintain professional boundaries when providing personcentred care in the clinical setting.
- 5. Apply the principles of privacy and confidentiality and communication strategies specific to diverse clients of different cultural backgrounds and to clients displaying responsive behaviours.
- 6. Apply knowledge in growth and development, structure and function of the human body, and chronic illness when implementing the client's care plan.
- 7. Demonstrate skills required within the HCA role to assist the client with various health needs in their activities of daily living using evidence-informed practices.
- 8. Discuss time management strategies, organization of care, and situations for decision making and problem solving within the role of the HCA.
- 9. Identify and report safety hazards and use government legislation, employer policies and procedures, and evidence-informed practices to promote client, self, and environment safety.
- 10. Examine professional feedback and demonstrate self-reflection to identify areas of improvement within the HCA competency profile.

LEARNING OUTCOMES:

- 1. Explain knowledge of growth and development and of structure and function of the human body when providing person-centred care.
- 2. Demonstrate effective time management, decision-making, and problem-solving skills (e.g., prioritization).
- 3. Demonstrate the role of HCA within the health-care system in these areas.
 - a. Applying legislative knowledge governing the HCA
 - b. Completing daily care plans
 - c. Providing person-centred care
- 4. Practise collaboratively within the collaborative care team to provide person-centred care.
- 5. Demonstrate evidence-informed principles associated with meeting the client's care needs and practices including assisting with activities of daily living.
 - a. Nutritional needs
 - b. Bathing needs

- c. Mobility needs
- d. Elimination needs
- e. Personal hygiene and grooming
- f. Bed making
- 6. Demonstrate effective, assertive communication strategies when:
 - a. Providing collaborative person-centred client care
 - b. Using telephone communication
 - c. Using electronic forms of communication (e.g., email)
 - d. Reporting to members of the collaborative care team, including regulated health-care professionals
- 7. Implement effective communication strategies in specialized situations.
 - a. Speech and language disorders
 - b. Mental health and addictions
 - c. Dementia

8.

- d. End-of-life care
- e. Cultural diversity
- Demonstrate accurate legal documentation in client records by using:
- a. Approved legal abbreviations
- b. Information technology (digital literacy)
- 9. Demonstrate confidentiality in all interactions.
- 10. Implement safety practices in providing person-centred care through the use of the following. a. Proper body mechanics
 - b. Positioning and transfer aids
 - c. Restraints
 - d. Appropriate client handling and transfers
 - e. Safe operation of mechanical lifts and other health equipment
 - f. Infection control practices (hand hygiene and cleaning personal protective equipment and other equipment)
 - g. Environmental safety (WHIMIS)
- 11. Report safety hazards to the appropriate member(s) of the collaborative care team.
- 12. Demonstrate professional growth through self-reflection.
 - a. Accept and incorporate constructive feedback.
 - b. Compare self to HCA competencies

TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page http://www.transferalberta.ca.

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. **Students** are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability

EVALUATIONS: Pass/Fail

Evaluation	Value	Date
Clinical Evaluation	Complete/Incomplete	April 20, 2023
Assignment 1	Complete/Incomplete	April 14, 2023
Assignment 2	Complete/Incomplete	April 21, 2023

GRADING CRITERIA:

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point Equivalent	Percentage Guidelines	_	oha ade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100	C	+	2.3	67-69
А	4.0	85-89	C		2.0	63-66
A-	3.7	80-84	C	-	1.7	60-62
B+	3.3	77-79	D	+	1.3	55-59
В	3.0	73-76	D)	1.0	50-54
B-	2.7	70-72	F	7	0.0	00-49

LECTURES and LABS:

Attendance at all lectures and labs is expected prior to clinical sessions. Absences from any lecture, or lab will jeopardize overall performance.

Attendance and Participation (Clinical):

By the end of each clinical, students are responsible to demonstrate beginning proficiency and competence with each of the skills offered in this course. Attendance at all clinical dates is required and students are responsible to consult with the Instructor to make up for missed days. To develop proficiency and psychomotor expertise students are encouraged to practice at home or during regularly schedule practice labs.

COURSE SCHEDULE/TENTATIVE TIMELINE:

Refer to the HC1050 MyClass site for the course calendar and course schedule/tentative timeline.

STUDENT RESPONSIBILITIES:

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Refer to the College Policy on Student Rights and Responsibilities at: www.gprc.ab.ca/d/STUDENTRESPONSIBILITIES

For policies related to clinical absences, immunizations, uniforms, and other clinical requirements please see the GPRC Department of Nursing Education & Health Studies Student Handbook on MyClass

STATEMENT ON PLAGIARISM AND CHEATING:

Cheating and plagiarism will not be tolerated and there will be penalties. For a more precise definition of plagiarism and its consequences, refer to the Student Conduct section of the College Calendar at <u>http://www.gprc.ab.ca/programs/calendar/</u> or the College Policy on Student Misconduct: Plagiarism and Cheating at <u>https://www.gprc.ab.ca/about/administration/policies</u>

**Note: all Academic and Administrative policies are available on the same page.