



DEPARTMENT OF HUMAN SERVICES

COURSE OUTLINE – Winter 2021

HS 1202 A3: BEHAVIOUR MANAGEMENT STRATEGIES

3 (3-0-0) 45 hours for 15 weeks

INSTRUCTOR: Kirsten Clark

OFFICE: H131

OFFICE HOURS: By appointment

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TIME: Mondays 1:00 - 2:20 p.m. and Fridays 11:30 a.m. -12:50 p.m. (January 8 - April 19)

WINTER 2021 DELIVERY: Remote Delivery. This course is delivered remotely. There are no face-to-face or onsite requirements. Students must have a computer with a webcam and reliable internet connection. Technological support is available through helpdesk@gprc.ab.ca

CALENDAR DESCRIPTION: This course provides students with the tools needed to design, apply and evaluate both simple behavior change and behaviorally based instructional programs. These strategies are applied to helping people develop skills needed to improve the quality of their lives and, more specifically, to improve their participation as members of their communities.

PREREQUISITE(S)/COREQUISITE: HS 1102: Behavioral and Functional Assessment

CREDIT/CONTACT HOURS: 3 credits

REQUIRED TEXT/RESOURCE MATERIALS: Martella, R.C., Nelson, J.R., Marchand-Martella, N.E., & O'Reilly, M. (2012), *Comprehensive Behavior Management*, 2nd ed., USA: Sage Publishing Company.

DELIVERY MODE(S): Classes will consist of Zoom lectures and activities using interactive Google Slides with Pear Deck. A variety of other learning activities through MyClass and other applications will also be used.

COURSE OBJECTIVES: This course introduces students to:

- The tools needed to design, apply and evaluate both simple behavior change and behaviorally based instructional programs.
- An understanding of various strategies that are applied to help people develop skills needed to improve the quality of their lives and, more specifically, to improve their participation as members of their community.
- Practice in developing, using, and evaluating behavior change programs.

- The opportunity to apply assessment skills covered in HS 1102: Behavioral and Functional Assessment.

LEARNING OUTCOMES: Upon completion of the course learners will demonstrate knowledge and application of:

- Functional Assessment
- Single-Subject Designs
- Techniques for Increasing Behavior
- Techniques for Decreasing Behavior
- Token Economies and Contracting
- Techniques for Teaching New Behaviors
- Self-Management Strategies
- Techniques for Promoting Generalization of Behavior Change
- General Learning Principles

EVALUATIONS:

Daily Work 10%	<ul style="list-style-type: none"> • Short Quizzes (10 quizzes worth 1% each)
Assignments 60%	<ul style="list-style-type: none"> • ABA (Applied Behavioural Analysis) and My Life (30%). • Self-Management Project (30%)
Tests 30%	<ul style="list-style-type: none"> • Test 1 (15%) • Test 2 (15%) <p style="text-align: center;"><i>*tests are non-cumulative, but concepts learned in the first unit are built upon in the next</i></p>

Assignment details will be discussed in class and provided on MyClass. Assignments must be submitted in the dropbox on MyClass by 11:59 p.m. on the due date.

***ALL** assignments and tests **MUST** be completed and turned in to pass the course.*

HUMAN SERVICES EXPECTATIONS FOR STUDENT LEARNING

It is the right of the student and of the instructor to a favorable learning/teaching environment. It is the responsibility of the student and the instructor to engage in appropriate adult behaviors that positively support learning. This includes treating others with dignity and respect and following the expectations outlined below.

CLASSROOM

Regular, PUNCTUAL attendance

- Learning from other students' notes or from Moodle is not optimal.
- If you are late to class, you miss important information about assignments, homework and quizzes. It is also disruptive to other students' learning.
- If you miss a class, refer to Moodle or check in with another student.

Children are not considered to be part of the classroom learning environment, please make alternate arrangements for your child(ren).

Turn off cell phones

- Studies indicate that cell phones not only interfere with your learning, but also the students around you.

QUIZZES/EXAMS

Write in-class quizzes/exams on the date and time they are scheduled.

- If an emergency arises that causes you to be unable to write the quiz, please call or email your instructor to leave a message BEFORE the exam begins.

ASSIGNMENTS

Hand in assignments via MyClass on the date indicated.

- Instructors reserve the right to make exceptions to this rule in extenuating circumstances on a case by case basis.
- ALL assignments will be typed, double-spaced (or follow the provided template) and will include a cover page with your name, course number and assignment name.

OUTSIDE OF CLASS

- Complete assigned readings and assignments, participate in group projects, check Moodle.

GRADING CRITERIA: A minimum grade of C- is required to pass this course.

Grande Prairie Regional College uses the **ALPHA** grading system as described in the table below:

Alpha Grade	4-point Equivalent	Percentage Guidelines	Alpha Grade	4-point Equivalent	Percentage Guidelines
A+	4.0	90-100	C+	2.3	67-69
A	4.0	85-89	C	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	F	0.0	0-59
B	3.0	73-76			
B-	2.7	70-72			

STUDENT RESPONSIBILITIES: The College expects students' conduct to be in accordance with basic rights and responsibilities. Please refer to the GPRC College calendar regarding rights and responsibilities.

STATEMENT ON PLAGIARISM AND CHEATING:

Refer to the Student Conduct section of the College Admission Guide at <http://www.gprc.ab.ca/programs/calendar/> or the College Policy on Student Misconduct: Plagiarism and Cheating at www.gprc.ab.ca/about/administration/policies/**

***Note: all Academic and Administrative policies are available on the same page.*

COURSE SCHEDULE/TENTATIVE TIMELINE:

Please complete the textbook and additional supplied readings prior to class. Additional readings may be assigned throughout the course and will be on Moodle or handed out in class.

	TOPIC	READING	ASSIGNMENTS & DUE DATES
January 8	Course Overview Brief Review of 1102 Functional Assessment		
January 11	Single-Subject Designs Review a. AB b. Reversal c. Changing criterion d. Multiple Baseline e. Alternating Treatments f. Changing Conditions	p. 97 - 107	
January 15	Single-Subject Designs (cont'd)		Quiz 1

January 18	Foundations of Behavior Management <ul style="list-style-type: none"> ● Modeling ● Reinforcement ● Extinction ● Punishment 	Chapter 2	
January 22	Foundations of Behavior Management <ul style="list-style-type: none"> ● Primary & Secondary Reinforcers & Aversives ● Deprivation & Satiation 	p. 55	Quiz 2
January 25	Stimulus Control <ul style="list-style-type: none"> ● Shaping ● Chaining 	p. 61	
January 29	Schedules of Reinforcement <ul style="list-style-type: none"> ● Extinction ● Prompts ● Shaping ● Premack Principle 	p. 65	Quiz 3
February 1	Increasing Desirable Behaviors <ul style="list-style-type: none"> ● Behavior Momentum ● Self-Management 	Chapter 5	ABA and My Life (Chapter 2) Due
February 5	Increasing Desirable Behaviors <ul style="list-style-type: none"> ● Preference & Choice ● Correspondence Training ● Behavioral Contracts 	Chapter 5	Quiz 4
February 8	Increasing Desirable Behaviors <ul style="list-style-type: none"> ● Token Economies 	Chapter 5	
February 12	Increasing Desirable Behaviors <ul style="list-style-type: none"> ● Generalization 	Chapter 5	Quiz 5
February 15 & 19	Winter Break		
February 22	Catch-up / Review	Chapter 5	
February 26	Test #1	Chapter 5	Test #1

March 1	Decreasing Undesirable Behaviors <ul style="list-style-type: none"> • Least Restrictive and Intrusive • Informal Procedures 		ABA and My Life (Chapter 5) Due
March 5	Decreasing Undesirable Behaviors <ul style="list-style-type: none"> • Least Restrictive and Intrusive • Informal Procedures 		Quiz 6
March 8	Behavior Reduction Hierarchy <ul style="list-style-type: none"> • Level 1 	Chapter 6	
March 12	Behavior Reduction Hierarchy <ul style="list-style-type: none"> • Level 2 	p. 196	Quiz 7
March 15	Behavior Reduction Hierarchy <ul style="list-style-type: none"> • Level 3 	p.199	ABA and My Life (Chapter 6) Due
March 19	Behavior Reduction Hierarchy <ul style="list-style-type: none"> • Level 4 	p. 203	Quiz 8
March 22	Behavior Reduction Hierarchy <ul style="list-style-type: none"> • Level 4 	p. 203	
March 26	Finish up the hierarchy (Levels 1-4) <i>Kids These Days</i> Excerpts and Activities (time permitting)		Quiz 9
March 29	Classroom Rules, Management and Arrangements	Chapter 7	
April 2	Good Friday: No Class		
April 5	Time and Transitions	Chapter 8	
April 9	Stages of Learning	Chapter 8	Quiz 10`
April 12	Effective Instruction and Safety	Chapter 9	
April 16	Review		Self-Management Assignment Due
April 19	Test #2		Test #2