



Chapter Faculty of Nursing Undergraduate Programs
BScN COLLABORATIVE PROGRAM
Grande Prairie Regional College,
University of Alberta, Keyano College,
Red Deer College,
BScN HONOURS PROGRAM
BScN AFTER DEGREE PROGRAM
BScN BILINGUAL PROGRAM
RPN TO BScN PROGRAM

Course Outline

NS1240 (A3/B3) – Revised March 30th, 2020

Foundations in Nursing 1 – 3 (3-0-0) 45 hours 15 weeks

Winter 2020

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INSTRUCTORS:			
Teresa Evans	Office: H201	Phone: (780) 539-2805	Email: tevens@gprc.ab.ca
Bonnie Hessler	Office: H202	Phone: (780) 539-2757	Email: bhessler@gprc.ab.ca

Office Hours: Available by request

Note: Students are expected to familiarize themselves with this course outline, the GPRC Nursing Student Handbook, and the Moodle Site.

NS1240 FOUNDATIONS OF NURSING 1

CALENDAR DESCRIPTION:

NS1240 Foundations of Nursing 1

★3 (fi 6) (first term, 3-0-0). The course explores the meanings of health and healing. It highlights the diversity of beliefs, values, and perceptions of health. The course introduces the Canadian Health Care System, conceptual frameworks of health promotion, determinants of health, disease and injury prevention, and primary health care. The focus is on the nurse/client relationship in a relational practice context.

Prerequisites: NS1500 and NS1205

Co-requisites: MI1330 and NS1250

Notes: Available only to Nursing students

COURSE HOURS:

Lecture: 3 hours/week

Seminar: 0

Lab:0

COURSE OBJECTIVES:

Upon completion of this course, the student must be able to:

1. Examine the meanings and breadth of health, healing and illness
2. Explore theoretical and foundational concepts that inform nursing practice when working with clients across the lifespan.
3. Distinguish diversity of beliefs, values and perceptions of health (culture)
4. Explore the Canadian healthcare system, health promotion, illness and injury prevention and primary health care
5. Appreciate relational practice across the lifespan in varying health care contexts

CONCEPTS IN NS1240:

- Professional Identity
- Health and Health Promotion
- Healthcare Delivery
- Development
- Reproduction
- Cognition
- Sexuality
- Family Dynamics
- Ethics
- Patient Education
- Health Care Law
- Leadership

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REQUIRED TEXTBOOKS: (Previously required in NS1205):

- Potter, P. A., Perry, A. G., Ross-Kerr, J. C., Wood, M.J., Astle, B. J., & Duggleby, W. (2018). *Canadian fundamentals of nursing* (6th ed.). Toronto, ON: Elsevier Canada.
- Doane, G.H. & Varcoe, C. (2015). *How to nurse*. (1st ed.). Philadelphia, PA: Wolters Kluwer/Lippincott, Williams & Wilkins.
- Giddens, J. F. (2017). *Concepts for nursing practice* (2nd ed.). St. Louis, MI: Elsevier.

(Note: Foundations textbooks will be used as references throughout the program. Please retain your copies, as they will be required resources in future courses).

REQUIRED RESOURCES:

- Canadian Nurses Association. (2017). *Code of ethics for registered nurses*. Retrieved from <https://www.cna-aic.ca/~media/cna/page-content/pdf-en/code-of-ethics-2017-edition-secure-interactive.pdf?la=en>
- College and Association of Registered Nurses of Alberta. (2011). *Primary health care: Vision, roles, and opportunities*. Edmonton, AB: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/position-statements/primary-care-vision-roles-opportunities.pdf?sfvrsn=319160d5_14
- College and Association of Registered Nurses of Alberta (2010). *Ethical decision-making for registered nurses in Alberta: Guidelines and recommendations*. Edmonton: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/guidelines/rn-ethical-decisions-making.pdf?sfvrsn=d714472f_10
- College and Association of Registered Nurses of Alberta. (2011). *Professional boundaries for registered nurses: Guidelines for the nurse-client relationship*. Edmonton, AB: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/guidelines/rn_professional-boundaries.pdf?sfvrsn=cc43bb24_16
- College and Association of Registered Nurses of Alberta. (2013). *Practice standards for regulated members with The Canadian Nurses Association code of ethics for registered nurses*. Edmonton: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/standards/practice-standards-for-regulated-members.pdf?sfvrsn=d4893bb4_12
- College and Association of Registered Nurses of Alberta. (2019). *Entry-Level Competencies for the Practice of Registered Nurses*. Edmonton, AB: Author. Retrieved from https://www.nurses.ab.ca/docs/default-source/document-library/standards/entry-to-practice-competencies-for-the-registered-nurses-profession.pdf?sfvrsn=15c1005a_12

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COURSE EVALUATION:

ASSIGNMENT/COURSE COMPONENT	DATES	WEIGHTING
1) Group Reflection Activities – submit via email	Thursdays by 4:00	10%
2) Midterm Exam	February 24th	30%
3) Scholarly Paper	March 20th	20%
4) Final Exam	Exam Week	30%
5) Medical Terminology	April 15th-8th	10%

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It is expected that **ALL** assignments must be completed to obtain credit in the course.

Assignments are expected to be passed in at the time and place they are due. Extensions may be granted and must be negotiated with the instructor prior to the due date and with a date specified for late submissions. Consent should be in writing.

A penalty of one letter grade for each calendar day that an assignment is submitted after the due date will be deducted from the final mark. For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. When submitting **electronically**, it is the **student's** responsibility to ensure the assignment has been received.

ASSIGNMENT DESCRIPTIONS:

1) Group Reflection Assignment: Thursdays in the Discussion Forum by 1600 hrs.

The group reflection assignment provides students with opportunities to develop reflection skills, teamwork, and leadership skills.

Students will participate in small group discussion in each seminar. At the end of each week an "in reflection" question will be posted to facilitate group reflection and discussion.

Every student will be assigned as group leader twice during the semester. As group leader your responsibility is to summarize the groups discussion into **two paragraphs and send it to your instructor via email by four p.m. Thursday**, the week in which you are leader.

2) Scholarly Paper: Due date: **March 20, 2020.** New Due Date: April 13th, 2020 – Extension Granted

Purpose: This assignment calls on students to examine the Canadian Association of School Nursing (CASN)'s entry to practice gerontological competencies:

https://www.casn.ca/wp-content/uploads/2016/09/FINAL_CASN-GERONTOLOGY-COMPETENCIES-FINAL.pdf

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This assignment will build on your ability to learn through writing.

A. Writing Process:

- a. Students identify two indicators from the competencies in CASN's entry to practice gerontological competencies.
- b. Using peer reviewed articles students will write a four-page paper discussing challenges to older people related to their chosen indicators and how nurses can meet the indicators. The title page and reference page are not included in the page limit. Peer reviewed articles should be within the last five years.

B. Writing requirements:

- **APA 6th** edition throughout the document
- **Title Page:** Note: Please use your name.
- **Abstract and Author's note: None required for this assignment**
- **Introduction**
 - Background related to the topic to provide a context for the reader
 - Statement of aim/purpose of paper and how paper will unfold
 - Thesis statement
- **Body of Paper**
 - The main body of your paper should include discussion related to the competency and indicators you have chosen. General statements are supported with specific details **from scholarly sources** that further your point. Paragraphs are crafted to support and **extend your own ideas**.
 - Use professional literature to explore and support your ideas.
- **Conclusion**
 - Bring together what you have discussed as it relates to your thesis statement.
 - Summarize key points and provide a concluding statement
- **References**
 - Complete list of references for each source cited in your paper in APA style.

3) Midterm Exam: February 24th, 2020

Multiple choice exam assessing concepts in the first six weeks of the course. The midterm exam will be completed within a scheduled class time.

4) Final Exam: During Final Exam Week – TBA

Multiple choice exam, fill in the blank and matching will assessing concepts from the entire course. Date, time, and location of the final examination is scheduled by the Office of the Registrar in accordance with Grande Prairie Regional College Calendar and will be available on MyGPRC. This will be an online course that will be completed using GPRC's online platform Moodle. Accommodations will be granted if needed for students requesting changes in time or length of exam and at the instructor's discretion.

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Deferred final examinations may be granted when an examination has been missed or interrupted because of illness, or a conflict with religious beliefs. In the case of illness (physical, mental or emotional), medical documentation will normally be required. See page 42 of the 2019/2020 GPRC calendar for further information.

5) Medical Terminology – Online

This online program must be purchased from the GPRC bookstore as you will require an access code for the online program. There is no textbook for this course. This course is designed to work at your own speed, however there are quizzes at scheduled times which you must complete at the specified time. The quizzes are to help you be successful in the Final Exam which is scheduled for the end of the term.

Completion of the following chapters are scheduled for the following dates:

Chapter 1: - January 17th

Chapter 2: - January 31st

Chapter 3: - February 14th

Chapter 4: - February 28th

Chapter 5: - March 20th

Chapter 6: - April 3rd

Final Exam during class time on – April ~~15th~~ 8th

GRADING CRITERIA:

Please note that a grade less than C+ is not accepted for transfer to the U of A for NURS124. A minimum grade of C+ is required to receive credit in NS1240.

** Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions.

Students are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability

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GRANDE PRAIRIE REGIONAL COLLEGE			
GRADING CONVERSION CHART			
Alpha Grade	4-point Equivalent	Percentage Guidelines	Designation
A ⁺	4.0	90 – 100	EXCELLENT
A	4.0	85 – 89	
A ⁻	3.7	80 – 84	FIRST CLASS STANDING
B ⁺	3.3	77 – 79	
B	3.0	73 – 76	GOOD
B ⁻	2.7	70 – 72	
C ⁺	2.3	67 – 69	MINIMAL PASS
C	2.0	63 – 66	CREDIT NOT GRANTED FOR PROGRESSION IN BScN PROGRAM
C ⁻	1.7	60 – 62	
D ⁺	1.3	55 – 59	
D	1.0	50-54	
F	0.0	0-49	FAIL
WF	0.0	0	Fail - Withdrawal after Deadline

The assignments are marked as raw scores according to the percentage weight assigned to each. The marks on course assignments will contribute to the overall letter grade according to the percentage that each assignment is weighted in the course. At the end of the course, all assignment scores are totaled for a term summary mark in the course based on the grading scale below. The FINAL COURSE GRADE is based on the cumulative total of individual student's weighted assignment marks.

TRANSFERABILITY:

Warning: Although we strive to make the transferability information in this document up-to-date and accurate, **the student has the final responsibility for ensuring the transferability of this course to Alberta Colleges and Universities.** Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at Alberta Transfer Guide main page <http://www.transferralberta.ca> or, if you do not want to navigate through few links, at <http://alis.alberta.ca/ps/tsp/ta/tbi/onlinesearch.html?SearchMode=S&step=2>

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As per the GPRC Course Calendar a grade of C+ is the minimum passing grade for the following courses: NS1500, NS1205, NS1160, NS1240, NS1250, MII1330, NS2200, NS2160. A grade of C- is the minimum passing grade for all other Nursing courses in the program. For promotion from year to year in the program and for graduation, students must have successfully completed all the required Nursing and non-Nursing courses of the previous year.

POLICY STATEMENTS:

The course outline acts as an agreement between the student and instructor of this class regarding the details of the course.

Policy about course outlines can be found under the Course Requirements, Evaluation Procedures and Grading in the Grande Prairie Regional College Calendar 2019-2020.

Grande Prairie Regional College is committed to the highest standards of academic integrity and honesty. Students are expected to be familiar with these standards regarding academic honesty and to uphold the policies of the College in this respect. Students are urged to familiarize themselves with the provisions of Student Rights and Responsibilities and the Student Misconduct: Academic and Non-Academic and avoid any behaviour which could potentially result in suspicions of cheating, plagiarism, misrepresentation of facts and/or participation in an offence. Academic dishonesty is a serious offense and can result in suspension or expulsion from the College.

Audio or video recording, digital or otherwise, of lectures, labs, seminars or any other teaching environment by students is allowed only with prior written consent of the instructor or as part of an approved accommodation plan. Student or instructor content, digital or otherwise, created and/or used within the context of the course is to be used solely for personal study, and is not to be used or distributed for any other purpose without prior written consent from the content author(s).

Student Rights and Responsibilities

[https://www.gprc.ab.ca/about/administration/policies/fetch.php?ID=69:](https://www.gprc.ab.ca/about/administration/policies/fetch.php?ID=69)

Student Misconduct Academic and Non-Academic

<https://www.gprc.ab.ca/about/administration/policies/fetch.php?ID=68>

COURSE SCHEDULE/TENTATIVE TIMELINE:

WEEK	PROPOSED TOPICS, ACTIVITIES, ASSIGNMENTS
1 Mon JAN 6	Introduction to NS1240
1 Wed Jan 8	Historical development of professional nursing
2 Mon Jan 13	Theoretical foundations of nursing practice
2 Wed Jan 15	Review and application of health promotion and social determinants of health Medical Terminology Quiz #1 must be completed by Friday January 17th
3 Mon Jan 20	The Canadian health care delivery system
3 Wed Jan 22	Nursing assessment, diagnosis and planning, implementing and evaluating
4 Mon Jan 27	Developmental theories
4 Wed Jan 29	Conception through adolescence Medical Terminology Quiz #2 must be completed by Friday January 31st
5 Mon Feb 3	Conception through adolescence
5 Wed Feb 5	Application of the nursing process to a family with children and/or adolescence
6 Mon Feb 10	Family nursing
6 Wed Feb 12	Young to middle adulthood Medical Terminology Quiz #3 must be completed by February 14th
7	READING WEEK Feb 17 – 21 (NO CLASSES)
8 Mon Feb 24	MIDTERM EXAM
8 Wed Feb 26	Young to middle adulthood Medical Terminology Quiz # 4 must be completed by February 28th
9 Mon Mar 2	An introduction to relation inquiry in nursing practice
9 Wed Mar 4	Older adulthood
10 Mon Mar 9	Older adulthood – delirium, dementia and depression
10 Wed Mar 11	Gerontological competencies for nurses
11 Mon Mar 16	Application of the nursing process to a family with multiple generations
11 Wed Mar 18	Nursing values and ethics Writing Assignment due: March 20@0800 via Drop Box

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	Medical Terminology Quiz #5 must be completed by March 20th
12 Mon Mar 23	Legal implications in nursing practice
12 Wed Mar 25	Patient education
13 Mon Mar 30	Patient education
13 Wed Apr 1	Truth and Reconciliation: Indigenous culture Medical Terminology Quiz #6 must be completed by April 3rd
14 Mon Apr 6	Leadership, management and collaborative practice
14 Wed Apr 8	Various roles and functions of RNs in the community
15 Mon Apr 13	Review and apply safety concerns across the lifespan
15 Wed Apr 15	Medical Terminology FINAL Exam Computer Lab: Room TBA