

### DEPARTMENT OF NURSING EDUCATION AND HEALTH STUDIES

### **COURSE OUTLINE - Fall 2023**

NS2200 (A2/B2): Foundations in Nursing II – 3 (3-0-0) 45 Hours for 15 Weeks

Northwestern Polytechnic acknowledges that our campuses are located on Treaty 8 territory, the ancestral and present-day home to many diverse First Nations, Metis, and Inuit people. We are grateful to work, live and learn on the traditional territory of Duncan's First Nation, Horse Lake First Nation and Sturgeon Lake Cree Nation, who are the original caretakers of this land.

We acknowledge the history of this land and we are thankful for the opportunity to walk together in friendship, where we will encourage and promote positive change for present and future generations.

INSTRUCTOR:	Teresa Evans RN, PhD(c) Deena Honan RN, PhD		
		CCNE	
LOCATION:	HEC 341	HEC 331	
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OFFICE HOURS:	Office hours vary; consult your individual course		
	instructor to arrange for an appointment.		

#### **CALENDAR DESCRIPTION:**

The focus is on evidence-informed assessment and management of health challenges in both episodic and chronic illness. Aligns with concepts from NS2160 and NS2210 intentional clinical learning activities. Note: Available only to Nursing students.

PREREQUISITE(S): NS1160, NS1240, NS1250.

COREQUISITE: NS2160, NS2210

# REQUIRED TEXT/RESOURCE MATERIALS:

American Psychological Association. (2019). Publication manual of the American Psychological Association (7<sup>th</sup> edition). Washington, DC: Author. (required)

Ackley, B.J., Ladwig, G. B., Makic, B. B. F., Martinez-Kratz, M., & Zanotti, M. (2020) Nursing Diagnosis Handbook – An Evidence Based Guide to Planning Care (12<sup>th</sup> ed.). Elsevier (required)

Astle, B.J., & Duggleby, W., Potter, P.A., Perry, A., Stockert, P.A., & Hall, A.M. (2018). Canadian fundamentals of nursing (6<sup>th</sup> edition). Elsevier. (required)

Giddens, J (2021). Concepts for Nursing Practice (3<sup>rd</sup> edition). St Louis, MI: Elsevier (required)

Lewis, S., Bucher, L., Heitkemper, M., & Harding, (2019). Medical Surgical Nursing in Canada (4th edition).

Elsevier. (required)

**DELIVERY MODE(S):** In person (classroom) - This type of course will be delivered on campus in a specific classroom which will be indicated on your timetable. Students are expected to attend lectures in person.

### **LEARNING OUTCOMES:**

Upon completion of this course, the student will be able to:

- 1. Examine and differentiate evidence informed assessment for episodic and chronic illness.
- 2. Explore theoretical and foundational concepts that inform nursing practice when working with clients across the lifespan.
- 3. Explore and differentiate nursing practice when working with clients experiencing episodic and chronic illness.
- 4. Explore the theoretical and philosophical underpinnings related to working with vulnerable and diverse individuals and populations.

### **CONCEPTS INTRODUCED IN NS2200:**

Week One (Sept 4 - 8): no classes

Week Two (Sept 11 - 15): Mobility and Clinical Judgement

Week Three (Sept 18 - 22): Tissue Integrity

Week Four (Sept 25 - 29): Elimination

Week 5 (Oct 2-6): Nutrition

Week 6 (Oct 9 - 13): Monday: No class

Tuesday: Glucose Regulation

Week 7 (Oct 16 – 20): Monday: Glucose Regulation

Tuesday: **MIDTERM** 

Week 8 (Oct 23 – 27): Monday: MIDTERM

Tuesday: Inflammation

Week 9 (Oct 30 – Nov 3): Monday: Inflammation

Tuesday: Gas Exchange

Week 10 (Nov 6-10): Monday: Gas Exchange

Tuesday: Infection

Week 11 (Nov 13 - 17): Reading Break

Week 12 (Nov 20 - 24): Monday: Infection

Tuesday: Thermoregulation

Week 13 (Nov 27 – Dec 1): Monday: Thermoregulation

Tuesday: Cognition

Week 14 (Dec 4 - 8): Monday: Cognition

Tuesday: Psychosis

Week 15 (Dec 11 - 12): Monday: Psychosis, Mood and Affect

### TRANSFERABILITY:

**UA** NURS220

### TRANSFERABILITY:

Please consult the Alberta Transfer Guide for more information. You may check to ensure the transferability of this course at the Alberta Transfer Guide main page <a href="http://www.transferalberta.alberta

\*\* Grade of D or D+ may not be acceptable for transfer to other post-secondary institutions. **Students** are cautioned that it is their responsibility to contact the receiving institutions to ensure transferability.

### **EVALUATIONS:**

Assignments/Course Components	Due Dates/Times	Weighting
Scholarly Assignment	Outline and Reference list:	
	November 10 <sup>th</sup> @ 2359h	5%
	Scholarly paper: December 3 <sup>rd</sup> @	
	2359h	15%
Case Study	October 13 <sup>th</sup> @ 2359 hrs	10%
Midterm Examination	Those in foundations on Monday (Deena's class) will have their midterm exam on October 23 <sup>rd.</sup> Those in foundations on Tuesday (Teresa's class) will have their midterm exam on October 17 <sup>th.</sup>	35%
Final Examination	During Exam Week – Date TBD	35%

### **Scholarly Assignment:**

Students will be required to write a maximum of 1500-word (excluding the title page, in-text citations and reference pages) scholarly paper with proper APA (7<sup>th</sup> edition) formatting. The purpose of this assignment is to give students an opportunity to focus on select concepts in more depth and explore the nurse's roles and responsibilities in promoting optimal health and wellness for a particular age group who live with an acute, episodic, or chronic illness.

### Midterm and Final Examinations:

Content that will be covered in the exams includes all preparatory work on myClass and theory class. Exams are cumulative, meaning that concepts tested in the first exam will be tested in the second exam to ensure students have built a strong foundation of knowledge and understanding.

### **GRADING CRITERIA:**

Please note that most universities will not accept your course for transfer credit **IF** your grade is **less than C-**.

Alpha Grade	4-point	Percentage	Alpha	4-point	Percentage
1	Equivalent	Guidelines	Grade	Equivalent	Guidelines
A+	4.0	95-100	C+	2.3	67-69
A	4.0	85-94	С	2.0	63-66
A-	3.7	80-84	C-	1.7	60-62
B+	3.3	77-79	D+	1.3	55-59
В	3.0	73-76	D	1.0	50-54
B-	2.7	70-72	F	0.0	00-49

# **COURSE SCHEDULE/TENTATIVE TIMELINE:**

Students can refer to the NS2200 Course Calendar (posted on myClass).

#### STUDENT RESPONSIBILITIES:

### **Important Dates:**

Students are to refer to the 2023-2024 Northwestern Polytechnic Important Dates document.

## **Nursing Program Policies:**

Students are to refer to the 2023-2024 Northwestern Polytechnic Academic Calendar and the University of Alberta Collaborative Baccalaureate Nursing Program with Northwestern Polytechnic Student Handbook for specific nursing program policies that may pertain to the course.

## **Assignment Policy:**

To obtain credit in the course ALL assignments, examinations, and quizzes must be completed. Students are expected to make every effort to complete assignments on time. Assignment submissions are expected on the date determined by faculty. If extensions are necessary, they may be requested up to 48 hours prior to the assignment due date and should be submitted in writing to the faculty member involved. Not all extensions will be granted. In exceptional situations, extension requests within the 48-hour period may be considered. Late assignments will have 5% of total marks (or one letter grade) for the assignment deducted for each day/partial day (including weekend days) beyond the due time. For example, a paper marked at B+ would receive an adjusted grade of B if handed in one day late. After 5 days, a grade of 0 will be awarded to the assignment. If the late penalty places the grade below the necessary pass grade, students will be unsuccessful in the course. When submitting assignments electronically, it is the student's responsibility to ensure the assignment has been received. Papers/assignments may not be rewritten for a higher grade. Concerns regarding grading are to be discussed with the faculty member involved.

### STATEMENT ON ACADEMIC MISCONDONT:

Academic Misconduct will not be tolerated. For a more precise definition of academic misconduct and its consequences, refer to the policy available at

https://www.nwpolytech.ca/about/administration/policies/index.html.