

GRANDE PRAIRIE REGIONAL COLLEGE  
Department of Physical Education and Athletics

FEB 16 1998

PE 1040

Introduction to Sociocultural Aspects of Leisure and Sport

COURSE OUTLINE  
(FALL, 1997)

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**Calendar Description**

The course explores the study of play, physical education, recreation, sport and leisure as institutionalized ways in which society organizes and teaches attitudes and skills. It provides an introduction to the importance of sociocultural inquiry and the motion of being critical as an empower process.

**Course Objectives**

1. To introduce students to the social analysis of play, leisure, and sport.
2. To explore the influence of social indicators like class, race, ethnicity, disability, gender, sexuality, and age on who can and cannot enjoy sport and leisure activities.
3. To introduce students to the motion of critical thinking as an empowering process.
4. To prepare students for more advanced courses in the history and sociology of sport and leisure.

**REQUIRED TEXTS**

Bryant, James E., & McElroy, Mary. (1997). Sociological dynamics of sport and exercise. Englewood, CO: Morton.

Raimes, Ann. (1996). Keys for writers: A brief handbook. Boston: Houghton Mifflin.

**Readings**

Kardas, Ray. (1997). Introduction to sociocultural aspects of leisure and sport: Readings for pe 1040. GPRC Bookstore.

**COURSE SEQUENCE**

|                      |                                                                                           |
|----------------------|-------------------------------------------------------------------------------------------|
| Sept. 4              | Orientation Activities, Course outlines distributed.                                      |
| Sept. 9              | Class Test: Sociological Thinking and the study of Sport and Exercise.                    |
| Sept. 11             | Chapter 1: (continued).                                                                   |
| Sept. 16<br>Sept. 18 | Test: Socialization into Sport and Exercise.<br>Chapter 2: (continued)                    |
| Sept. 23<br>Sept. 25 | Test: Sport, Values, and The American Dream (Canadian?).<br>Chapter 3: (continued)        |
| Sept. 30<br>Oct. 2   | Test: The Dynamics of Social Class and Social Mobility.<br>Chapter 4: (continued)         |
| Oct. 7<br>Oct. 9     | Test: Social Problems in Sport and Exercise.<br>Chapter 5: (continued)                    |
| Oct. 14<br>Oct. 16   | Test: Gender and the Sport/Exercise Experience.<br>Chapter 6: (continued)                 |
| Oct. 21<br>Oct. 23   | Test: Race and Ethnicity: Diversity in Sport and Exercise.<br>Chapter 7: (continued)      |
| Oct. 28<br>Oct. 30   | Test: The Fitness and Exercise Industry in a Sedentary Society.<br>Chapter 8: (continued) |

**COURSE SEQUENCE continued**

|         |                                                     |
|---------|-----------------------------------------------------|
| Nov. 4  | Test: Sport and the Educational Institution.        |
| Nov. 6  | Chapter 9: (continued)                              |
| Nov. 11 | Remembrance Day; College Closed                     |
| Nov. 13 | TBA                                                 |
| Nov. 18 | Test: The Corporate World of Sport.                 |
| Nov. 20 | Chapter 10: (continued)                             |
| Nov. 25 | Test: Mass Communication and Images of Sport.       |
| Nov. 27 | Chapter 11: (continued)                             |
| Dec. 2  | Test: Future Trends in Sport and Exercise.          |
| Dec. 4  | <u>Last day of classes.</u> Chapter 12: (continued) |

**COURSE REQUIREMENTS AND EVALUATION**

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| (1) | Class Tests of which there are 12. If you miss any <b>one</b> of these tests there will be no make up in the test format. You may make up for the test by writing an opinion paper (of no less than 750 words) on a sociocultural aspect of leisure and sport related to the relevant chapter.                                                                           | = 35%       |
| (2) | Active Learning Experiences: As part of the classroom/lecture presentations.                                                                                                                                                                                                                                                                                             | = 15%       |
| (3) | Film Presentation/participation: Due by <b>October 23<sup>rd</sup></b> . These dates are <b>absolutely sacred</b> . Book 'em count on 'em and have the paper ready <b>for the class</b> . I will NOT accept any papers after the class time. If you're planning on being sick that day, have the paper finished the previous day. Also make a <b>copy</b> of your paper. | = 15%       |
| (4) | Major Paper Draft #1: Due by <b>November 13<sup>th</sup></b>                                                                                                                                                                                                                                                                                                             | = 10%       |
|     | Major Paper Final Draft: Due by <b>December 4<sup>th</sup></b>                                                                                                                                                                                                                                                                                                           | = 25%       |
|     |                                                                                                                                                                                                                                                                                                                                                                          | <u>100%</u> |