

COURSE OBJECTIVES: For the students to acquire:

- 1.) A knowledge of the types of movement activities in which children 5 to 12 years of age engage.
- 2.) An understanding of the characteristics and needs of children participating in movement activities.
- 3.) A knowledge and understanding of movement concepts with emphasis on their application to a variety of movement activities.
- 4.) Observation skills for assessment and understanding of how children develop movement skills.
- 5.) A knowledge of suitable environments for children to learn movement activities.

COURSE CONTENT:

Theory, discussion, observation, and practical work will run concurrently throughout the course. The content listed below will be integrated for presentation rather than considered separately.

1. A study of movement activities engaged in by children 5 to 12 years of age.
 - a.) types of functional and expressive activities
 - b.) content of activities
 - c.) suitability of activities for children within this age group
 - d.) the organization and progressive development of activities.
2. An introduction of the characteristics and needs of children 5 to 12 years of age.
 - a.) growth and development: cognitive, affective, and psychomotor aspects
 - b.) age characteristics
 - c.) the needs of children for physical activity
 - d.) skill acquisition.
3. Movement analysis
 - a.) basic kinesiological principles and Laban's principles of movement
 - b.) the application of these principles for observation, activity analysis, and task setting.
4. Observation of children in activity settings.
 - a.) observation techniques
 - b.) identification of levels of skill proficiency
 - c.) analysis of child's use of movement concepts.

5. The provision of suitable environments and activities for children 5 to 12 years of age.
- suitable equipment and environments for the promotion of activity
 - ways of helping children learn more about themselves and the values of physical activity in their lives
 - free play and structured activity settings, their values and limitations.
6. A study of the content of Physical Education programs:
- gymnastics, dance, and games, etc.
 - the contribution of each to the total program
 - methods of presenting and organizing experiences
 - practical ways of dealing with individual differences within the physical education program.

P.E. 2930 B2 SCHEDULE FALL 2001

MONDAYS

Sept. 10	J228
Sept. 17	J228
Sept. 24	St. Clement School
Oct. 1	St. Clement's
Oct. 8	No school (Thanksgiving)
Oct. 15	St. Clement's
Oct. 22	St. Clement's
Oct. 29	St. Clement's
Nov. 5	St. Clement's
Nov. 12	St. Clement's
Nov. 19	St. Clement's
Nov. 26	St. Clement's
Dec. 3	J228

WEDNESDAYS

Sept. 5	J228
Sept. 12	J228
Sept. 19	J228
Sept. 26	St. Clement School
Oct. 3	St. Clement's
Oct. 10	St. Clement's
Oct. 17	J228 (MIDTERM)
Oct. 24	St. Clement's
OCT. 31	St. Clement's
Nov. 7	J228
Nov. 14	J228
Nov. 21	St. Clement's (PROJECT DUE)
Nov. 28	J228
Dec. 5	J228

THE FINAL EXAM WILL BE DURING EXAM WEEK.

ST. CLEMENT SCHOOL IS LOCATED AT 9636-109 Ave.