

**GRANDE PRAIRIE REGIONAL COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION & ATHLETICS**

PE 2940

**A Conceptual Approach to Physical Activity
Course Outline Fall 2009**

I. General Information

Instructor: Mr. Chris Nicol; B.Ed, M.ApSc

Office: K219 780-539-2838 cnicol@gprc.ab.ca

Class Time: Tues,Thurs 13:00 pm – 14:20 pm

Location: Gym and classroom and sites TBA

Credit: 3.0 Credits

Equivalent to PEDS 294 (3 credits)--U of A.

Jr KNES option(3 cr)-- U of C. 1 unspecified Educ (3 cr)-- U of L.

Note: credits will only be granted for one of PEDS 294 or PAC 101 at the U of A.

II. Course Objectives

1. To study the common concepts of movement with emphasis on practical application in a variety of physical education activities.
2. To provide students with practical opportunities for movement analysis.
3. To experience a variety of teaching styles.
4. To develop a conceptual approach to teaching sport skills that attend to learning in the cognitive, affective, and psychomotor domains.
5. To create a safe learning environment.

III Resources

Custom Courseware- U of A: PEDS 294 - A1 course text and materials, 2004.

Seidel, B., Biles, F, Figley, G. & Neaman, B., 1992. Sports Skills: A Conceptual Approach to Meaningful Movement Dubuque, Iowa; WM. C. Brown

External links posted on Backboard.

Additional Resources as designated by the instructor

IV Class Format

Regular attendance and participation are expected at ALL sessions as much of the information provided cannot be obtained in any other way. Students who miss more than 10% of the total number of classes may NOT be granted permission to write the final exam, and/or asked to withdraw from the course. Students who miss class due to medical reasons MUST present medical verification to their instructor. Last day to withdraw with permission is November 4, 2005.

Evaluation Outline

a) Assignments	20%
b) Teaching Session	20%
c) Learning Behavior	10%
c) Unit Quizzes & Test (s)	50%

The final quiz may be scheduled in the final exam period

Please note all late assignments will receive a 10% deduction per day.

GPRC: Alpha Grading System

Letter Grade	Grade Point Value	Percentage Range
A+	4.0	90 - 100
A	4.0	85 - 89
A-	3.7	80 - 84
B+	3.3	77 - 79
B	3.0	73 - 76
B-	2.7	70 - 72
C+	2.3	67 - 69
C	2.0	63 - 66
C-	1.7	60 - 62
D+	1.3	55 - 59
D	1.0	50 - 54
F	0.0	Below 50

NOTES:

Dress in appropriate clothing and footwear for all gymnasium sessions.

The golf course has a dress code that must be followed; check with the instructor. If you are improperly dressed you will not be allowed to participate.

Notify instructor if you have any allergies or medical conditions.