

**GRANDE PRAIRIE REGIONAL COLLEGE  
DEPARTMENT OF PHYSICAL EDUCATION AND ATHLETICS**

**PE 2940  
A Conceptual Approach to Physical Activity**

**Course Outline Fall 1996**

**I. General Information**

**Instructor:** Harry Stevens  
**Office:** K218  
**Phone:** 539-2974  
**Class Times:** Monday, Wednesday, Friday 11:00 - 11:50  
Room J201

**Credit:** 3.0 Credits  
Transferability - Equivalent to PEDS 294 (3 credits)  
U. of A., Jr PHED option (3 credits) U. of C.  
1 unspecified Educ (3 credits) U. of L.

**II. Course Objectives**

1. To study the movement concepts as they apply to different physical activities using a variety of settings and equipment.
2. To study the common concepts of movement with emphasis on their practical application to a variety of physical education activities.
3. To provide students with practical opportunities for movement analysis.
4. To experience a variety of instructional styles in the indirect method of teaching.
5. To develop a conceptual approach to teaching sport skills that attend to learning in the cognitive, affective and psychomotor domains.

### III. Resources

Required Text: Seidel, B., Biles, F, Figley, G. & Neaman, B.,  
(1992) Sports Skills: A Conceptual Approach to Meaning  
Movement Dubuque, Iowa; WM. C. Brown (adapted version)

### IV. Class Format

1. Regular attendance and participation are expected at ALL sessions as much of the information provided cannot be obtained in any other way. Students who miss more than 10% of the total number of classes may NOT be granted permission to write the final exam, and / or asked to withdraw from the course. Students who miss class due to medical reasons must present medical verification to their instructor.
  
2. Course Evaluation
  - a) Assignment Video = 20%
  - b) Teaching Session = 30%
  - c) Unit Quizzes & Test = 50%
  
- \* Please note all late assignments and papers receive a 10% deduction for each day late. This rule will be strictly adhered to on any work submitted after 4:30 p.m. on the due date.
  
- \* Dress in appropriate clothing and footwear (eg. shorts and T-shirt, track suit, running shoes, barefoot, gymnastics slippers) for all gymnasium sessions.