

**GRANDE PRAIRIE REGIONAL COLLEGE
DEPARTMENT OF PHYSICAL EDUCATION & ATHLETICS**

**PE 2940
A Conceptual Approach to Physical Activity**

Course Outline Fall 1999

I. General Information

Instructor: Harry Stevens
Office: K218
Phone: 539-2974
Class Time: Tuesday & Thursday; 11:30 - 12:50
Room H211 & Gym

Credit: 3.0 Credits
Equivalent to PEDS 294 (3 credits)--U of A.
Jr PHED option(3 credits)-- U of C.
1 unspecified Educ(3 credits)-- U of L.

II. Course Objectives

1. To study the common concepts of movement with emphasis on their practical application to a variety of physical education activities.
2. To provide students with practical opportunities for movement analysis.
3. To experience a variety of teaching styles.
4. To develop a conceptual approach to teaching sport skills that attend to learning in the cognitive, affective, and psychomotor domains.

III. Resources

- Required Text: Seidel, B., Biles, F, Figley, G. & Neaman, B., 1992. Sports Skills: A Conceptual Approach to Meaningful Movement Dubuque, Iowa; WM. C. Brown
- Custom Courseware- U of A; PEDS 294 - A1 course text and materials, 1998.

IV. Class Format

- I. Regular attendance and participation are expected at ALL sessions as much of the information provided cannot be obtained in any other way. Students who miss more than 10% of the total number of classes may NOT granted permission to write the final exam, and/or asked to withdraw from the course. Students who miss class due to medical reasons MUST present medical verification to their instructor. Last day to withdraw with permission is November 5, 1999.
- Course Outline
 - a) Assignment Video =20%
 - b) Teaching Session =30%
 - c) Unit Quizzes & Test (s) =50%
 - The final quiz will be scheduled in the final exam period (Dec. 13 - 21)
 - Please note all late assignments and papers will receive a 10% deduction for each day late. This rule will be strictly adhered to on any work submitted after 4:30 p.m. on the due date.
 - Dress in appropriate clothing and footwear (eg. shorts and T-shirts, track suit, running shoes, barefoot, gymnastics slippers) for all gymnasium sessions.
 - The golf course has a dress code that must be followed; check with the instructor. If you are improperly dressed you will not be allowed to participate.