

SEP 07 2000

**GRANDE PRAIRIE REGIONAL COLLEGE  
DEPARTMENT OF PHYSICAL EDUCATION & ATHLETICS**

**PE 2940  
A Conceptual Approach to Physical Activity**

**Course Outline Fall 2000**

**I. General Information**

**Instructor:** Harry Stevens  
**Office:** K218  
**Phone:** 539-2974  
**Class Time:** Mon – Wed 10:00 am – 11:20 am  
Room H211 & Gym

**Credit:** 3.0 Credits  
Equivalent to PEDS 294 (3 credits)--U of A.  
Jr PHED option(3 credits)-- U of C.  
1 unspecified Educ(3 credits)-- U of L.

**II. Course Objectives**

1. To study the common concepts of movement with emphasis on practical application in a variety of physical education activities.
2. To provide students with practical opportunities for movement analysis.
3. To experience a variety of teaching styles.
4. To develop a conceptual approach to teaching sport skills that attend to learning in the cognitive, affective, and psychomotor domains.

### III Resources

Required Text: Seidel, B., Biles, F, Figley, G. & Neuman, B., 1992. Sports Skills: A Conceptual Approach to Meaningful Movement, Dubuque, Iowa; WM. C. Brown

Custom Courseware- U of A: PEDS 294 - A1 course text and materials, 1998.

### IV Class Format

1. Regular attendance and participation are expected at ALL sessions as much of the information provided cannot be obtained in any other way. Students who miss more than 10% of the total number of classes may NOT be granted permission to write the final exam, and/or asked to withdraw from the course. Students who miss class due to medical reasons MUST present medical verification to their instructor. Last day to withdraw with permission is November 3, 2000.

#### Course Outline

- |                            |      |
|----------------------------|------|
| a) Assignment Video        | =20% |
| b) Teaching Session        | =30% |
| c) Unit Quizzes & Test (s) | =50% |

The final quiz will be scheduled in the final exam period ( Dec. 11 - 20)

Please note all late assignments and papers will receive a 10% deduction for each day late. This rule will be strictly adhered to on any work submitted after 4:30 p.m. on the due date.

Dress in appropriate clothing and footwear (ie. shorts and T-shirts, track suit, running shoes, gymnastics slippers, or barefoot ( no socks only) for all gymnasium sessions.

The golf course has a dress code that must be followed; check with the instructor. If you are improperly dressed you will not be allowed to participate.

## PE 2940 SCHEDULE '00

<u>Date</u>	<u>Content</u>	<u>Location</u>
September 6	Introduction	Classroom
September 11	Chapter #1-2, putting to swing	Classroom/gym
September 13	Golf, putting, chipping, Chap #2	Gymnasium
September 16	<i>SA Golf Tourney</i>	<i>Fairview</i>
September 18	Golf "pitching, "the Swing"	Gymnasium
September 20	Golf "Par 3 Play"	Wee Links
September 25	Golf at Range " The Shot"	GPGCC
September 27	Golf "The Score"	GPGCC
October 2	<u>Quiz # 1</u>	Classroom
October 4	Teaching Demonstration	Gymnasium
October 9	Video , Motion Factors, Chap #3	Classroom
October 11	<u>College closed</u>	
October 16	Chapter # 4	Classroom
October 18	Chapter #5	Gymnasium
October 23	<u>Quiz # 2</u>	
October 25	Group #1	Gymnasium
October 30	Group # 1 Continued	Gymnasium
November 1	Group # 2	Gymnasium
November 6	Group # 2 Continued	Gymnasium
November 8	Group # 3	Gymnasium
November 13	<u>College closed</u>	
November 15	Group # 3 Continued	Gymnasium
November 20	Group # 4	Gymnasium
November 22	Group # 4 Continued	Gymnasium
November 27	Group # 5	Gymnasium
November 29	Group # 5 Continued	Gymnasium
December 4	Group # 6	Gymnasium
December 6	Group # 6 Continued	Gymnasium
December 8	<u>Quiz # 3</u>	Classroom